

TLP High Spectrum Classic 1

(HS Classic 1) #TLP HS001



Description

High frequency sounds bring us in touch with our deep awareness, inner listening and creativity. Ideas and ideals that may have been suppressed may come to light, bringing clarity and increased awareness. These frequencies contain primarily overtones that provide important information about our spatial environment and deliver the meaning and intention of language and the color of music. High frequencies wake us up and help us to experience the world. Our ears reach for them, our brain needs them for energy. The hearing part of the inner ear (the cochlea) has approximately 80% of its delicate hair cells dedicated to receive these high frequencies. High frequency sounds alert us, give us energy. They inspire and help unleash creativity.

Those who have experienced the highly filtered sounds of a Mozart Violin Concerto, be it from The Listening Program or The Tomatis Method, tend to really enjoy the experience. In fact, many crave more of the unusual sounding highly filtered music. In The Listening Program, painstaking attention has been placed on the quality of our music selection, arrangements, recordings and engineering. The result is highly filtered music, which is pleasant to listen to even for the less ambitious high frequency aficionados.

High Spectrum Classic 1 has been created for those who want to experience the continued benefits of high frequency sounds after having completed at least one cycle of The Listening Program. It contains the greatest level of high pass filtration currently available, 3500Hz. These high frequency sounds are those that charge the battery to our brain, providing us with energy and vitality and enhancing our creativity and self-expression.

Listening Recommendations

HS Classic 1 is recommended for use after completing at least one cycle of The Listening Program in Standard Schedule Variations, and independently as needed.

This CD may be appropriate for enhancing creativity, internal awareness, to improve concentration and attention, to elevate mood and for improved energy. This CD is very similar to TLP CD 6. The only differences are the filtration in the audio bursting in the B tracks are higher on HS Classic 1 and the music is entirely Mozart without any nature sounds. It has a very light and motivating quality to it.

With the emphasis of the overtones of the string instruments in the right channel, and reduction of volume to the left, HS Classic 1 can be useful in reinforcing right ear laterality.

For additional listening recommendations review the Modular Design and Listening Schedules PowerPoint Presentation.

Technical Design

CD #	Left Channel Balance	Curves
TLPHS001	-6 dB	Medium Curve
A Track	B Track	C Track
Full Spectrum blended with High Pass Filter 3500Hz	High Pass Filter 2000Hz Audio Bursting High Pass Filter 3500Hz	High Pass Filter 3500Hz blended with Full Spectrum
The Listening Program technical design is patent pending and protected by international copyrights.		

Compositions

Segment 1			Time
Track 1A	Mozart	Trio in C minor K229 Allegro	(5:11)
Track 2B	Mozart	String Quintet #5 in C K515 Allegro	(5:16)
Track 3C	Mozart Mozart	String Trio in C K439 Allegro Trio in C minor K229 Allegro	(4:43)
Total			(15:10)
Segment 2			Time
Track 4A	Mozart	Trio in E flat K563 Allegro	(6:21)
Track 5B	Mozart	String Quintet #8 in C K614 Finale Allegro	(5:41)
Track 6C	Mozart	String Trio in B flat K266 Menuetto	(4:07)
Total			(16:09)
Segment 3			Time
Track 7A	Mozart Mozart	Quartet in G K156 Presto String Quartet #11 in D K155 Molto Allegro	(5:16)
Track 8B	Mozart	String Quartet #1 in G K80 Allegro	(5:03)
Track 9C	Mozart Mozart	String Quartet #11 in D K155 Molto Allegro Quartet in G K156 Presto	(6:02)
Total			(16:21)
Segment 4			Time
Track 10A	Mozart	Trio in C K439B Allegro	(5:21)
Track 11B	Mozart	String Quartet #23 in G K525 Rondo	(5:21)
Track 12C	Mozart Mozart	Trio in C K439B Allegro Divertimento #2 in F K137 Allegro. assai	(5:23)
Total			(16:05)
CD Total			(63:45)